



# MOUNT MARTY

## UNIVERSITY

### **Additional Individual Elective Courses**

#### **Master of Education: Trauma Informed Teaching & Social Emotional Learning Certificates**

#### **EDN-512 Instructional Strategies in Social Emotional Learning**

Credits: 3

In this course, learners will examine instructional strategies and models for teaching social emotional learning (SEL). Intentions will include focus on differentiation, curricular adaptation, student accommodation, and principles of equity, diversity, and inclusion. Learners will explore the use of data to support SEL implementation and assessment of proficiency of SEL core components at the individual and classroom level.

#### **EDN-513 – Emotionally Intelligent Classroom Management and Discipline**

Credits: 3

This course begins with a review of emotional intelligence and its role in social emotional learning (SEL). Learners will investigate how to apply SEL principles within the organization and management of the classroom, including discipline. They will examine how to effectively collect and use data that may reflect the extent to which the implementation of SEL supports equity, diversity, and inclusion in classroom organization, management, and discipline.

#### **EDN-514 – Building an SEL Community - From Classrooms to Caregivers**

Credits: 3

What happens in the classroom influences and is influenced by students' experiences outside of the classroom. In this course, students will explore those relationships among the classroom, students' caregivers, and the communities in which they reside. These caregivers and communities include living spaces as well as extracurricular and co-curricular activities and after-school programs. Students will examine strategies for involving caregivers and the broader community in social emotional learning (SEL) initiatives, including how existing models and curricula address SEL outside of the classroom. As part of your examination, you will consider sensitivities related to data collection and distribution to diverse audiences.

#### **EDN 525 Mental Health Impact on Learning and Life**

Credits: 3

Exploration of the current issues and influences on mental health in the classroom and on the daily lives of students, teachers, and those they interact with. Students will examine the risk factors and continuing influence of mental health issues and trauma on all stages of human growth and development. Students will explore and develop personal strategies for self-care and promoting holistic growth in learning and academic success.



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### **EDN-526 Foundations of Social Emotional Learning**

Credits: 3

Students will examine the theoretical support for the foundational concepts of social emotional learning (SEL) and how models and curricula reflect those theories. Additionally, students will explore essential questions regarding the relevance of SEL to all stages of human growth and development and the role of SEL within the core curriculum, resulting in holistic growth and academic achievement.

### **EDN-527 Global Peace and Reconciliation – Restorative Practices and Perspectives**

Credits: 3

Students examine the history of peace-keeping, peace-making and peace-building on micro and macro levels through the lens of restorative practices. Students analyze how restorative practices are used to create stronger relationships in educational settings. Following the examination and analysis, students will develop research based solutions to personal, classroom and school challenges.

### **EDN-528 Mindful Strategies and Presence in the Classroom**

Credits: 3

Students will become familiar with historical, cultural, religious and spiritual practices that support mindfulness. The research around personal and professional mindfulness practices will be examined. An evaluation of educational and organizational frameworks for mindfulness implementation will be used to develop a plan for personal and professional use.